

7 Decisions

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The Program is 7 weeks in length. Do not combine weeks unless absolutely necessary. During 7 Decisions the reset of the building will be closed w/ all doors locked.

The following is a list of jobs and responsibilities that need to be filled for every class.

- Pick up or prepare dinner and get plates, drinks and napkins ready.
- Set up of projector, DVD player and sound system.
- Secure the upstairs by locking all doors and putting away activity supplies.
- Unlock and turn on lights to small group rooms and make sure they are clean and organized.

We will enjoy dinner while we watch a portion of the DVD.

Following the DVD segment, we will split into small groups and enjoy dessert. Four or five students, if they desire, are allowed to help with the preparation of dessert from 6:15 to 7pm.

Leaders will be divided equally among small groups.

During small groups leaders are encouraged to share additional experiences and illustrations to help clarify and simplify the 'decision' of that week. Multiple illustrations of the same point works well to reiterate the message.

There will be questions provided by that week's facilitator to encourage/spark conversation if getting started is a struggle.

The goal is to be done small group by 8pm, but not at the expense of cutting conversation short.

Immediately following 7 Decisions our soccer league will start upstairs.

7 Decisions

1. The Buck Stops Here

- a. We need to stop blaming people, circumstances and our past for where we are.
- b. If a series of small (or large) poor decisions has put us where we are today, it only makes sense that a series of small (or large) wise decisions can make us who we want to be.
- c. Is life like a lottery ticket? (Some are winners and some are losers)

2. I Will Seek Wisdom

- a. Where does Wisdom come from?
 - i. Books, people, God and our own life experiences
- b. What/who is a 'true friend'/
 - i. Someone that holds you to a higher standard

3. I Have a Decided Heart

- a. Successful people make their mind up quickly and change their mind slowly; unsuccessful people make their mind slowly and change it quickly/often.

4. Today I Will Choose to be Happy

- a. We cannot necessarily make ourselves happy on the spot, but we all have something(s) to be grateful for. Gratitude CAN and WILL lead to happiness.

5. I Will Greet Each Day with a Forgiving Spirit

- a. When we forgive someone, who does it benefit?
- b. Forgiveness is about the past, Trust is about the future.

6. I Will Persist Without Exception

- a. Burn the Boats!

7. I Am a Person of Action

- a. Time to apply all that was learned.
- b. It's GO TIME.